



Watershed

Materials

- 2 fiberglass watershed models
- 2 spray bottles
- 1 bucket for extra water
- 2 sponges
- 1 box containing props
 - 1 bag of clay
 - 1 bag of toy figures
 - 1 small container of coffee grounds
 - 0 1 small container of sand
- 1 laminated heat island effect pictograph (in binder)
- 1 rolled watershed map of Arizona

Supporting Information:

- Watershed Dynamics:
 - Water flows from high points (mountains) to low points (rivers).
 - Permeable surfaces allow water to soak into the ground, filling the aquifer and reducing temperatures.
 - Impermeable surfaces like concrete increase runoff and contribute to erosion and higher temperatures.
- Human Impact:
 - Construction of roads, buildings, and farms alters natural water flow. Humans manage watersheds to prevent erosion, store water in reservoirs, and avert flooding.
 - Stormwater management is vital for preventing pollution from entering water sources. We are all responsible for ensuring we do not pollute the watershed.
- Urban Heat Island Effect:
 - Cities are warmer than rural areas due to the absorption of heat by buildings and roads, as well as more impermeable surfaces.
 - This heat can increase water evaporation and reduce groundwater infiltration, in turn preventing rain over the city and exacerbating drought conditions.
 - Solutions include using heat-reflective materials, increasing green spaces, and implementing permeable surfaces in urban planning.

Set the Stage for Success:

- Model excitement with your expressions and encourage engagement by asking open ended questions to get the students sharing their own ideas and thoughts
- Go over the rules and expectations as a group. Introduce the concept of "hands off the watershed model!"
- Let students take an active role in the demonstrations to solidify their understanding of the concepts being taught.
- Be ready to adapt the lesson based on the students' responses and level of understanding. Use real-life examples that relate to the students' own experiences.







Narrative

Min.	Directions:	What You Say:	Big Ideas:
4	Gather students on blue tarp and introduce yourself. Lead discussion on watersheds using the map.	 What is a watershed? If students struggle, ask: What is a shed? (Place to store things.) What is another meaning for shed? (To fall off.) Do you live in a watershed? [Show map to students to highlight we all live in a watershed] 	 A watershed is a land area that drains to the low points. [Demonstrate "Land area that drains to a low point" action] Most of the watershed is the land. We all live in a watershed. Have students show where they are on the map
4	Gather students around models. Have a student add "snow" to the top of the mountains. Students add sand to the mountain, and spray water on sand.	 Look at the model, what do you see? Where are the high points and the low points? Have you seen snow on the mountains? What is that snow called? [Students add snow to mountains] When the snow melts, where does the water go? Does water have the power to move rocks? [Have students add sand to the model and spray water on sand] 	 It is called snowpack and is an important source of water in Arizona. Water flows from high points (mountains) to low points (rivers/valleys) because of gravity. Yes, water can move and wear away rocks (erosion). Humans can help manage erosion.

4	Have a student pour water on the felt/sponge to explain the concept of permeable vs impermeable.	 What happens when we spray water over the sponge? [Student spray water on sponge] What happens when we spray water over the road? [Student spray water on road] Where can we find permeable and impermeable surfaces? 	•	Sponge is permeable (water absorbs), road is impermeable (water runs off) <u>Permeable examples:</u> Natural environments such as grassy parks, green corridors, desert landscaping, dirt lots <u>Impermeable examples:</u> roads, parking lots, and sidewalks
5	Have each student add human elements to the model. Elect two students as engineers and the rest as consultants. Have students do the dam engineer challenge.	 Where on the model should we build a dam to store water for our city? [Provide students with clay, and let them build] [Students test the dam by adding water to the model] [Have students make changes to their dam and test again] [Remove dam and make observations] 	•	Humans manage watersheds to ensure water availability Dams are made to make reservoirs and provide water for cities and agriculture Networks of pipes and canals transport water from our rivers and reservoirs to our cities and farms
3	Discuss how impermeable surfaces increase heat in urban areas.	 How might impermeable surfaces affect how water flows in a watershed? How might impermeable surfaces affect heat? What does it feel like to walk barefoot at the pool or on the sidewalk in the middle of the summer? 	•	Impermeable surfaces prevent water from going into the ground, and water will run off these surfaces. Impermeable surfaces like roads and parking lots absorb and radiate heat, creating hotter temperatures in cities.

3	Engage in discussion of urban heat island effect. Show students infographic.	 When everything is so hot in the summer, what happens to the water? Why does it rain so rarely in Phoenix? [Student place bowl over the city and students spray water over the city] What is this called when cities are so hot they push the rain clouds away? How can we reduce heat in cities to protect water resources? 	 More heat creates hotter temperatures that increase water evaporation and higher air pressure, which pushes away rainstorms. This is referred to as the urban heat island effect. The urban heat island effect causes it to rain less and by creating warmer temperatures. We can add more green spaces, natural landscaping, like planting trees.
5	Students add coffee grounds to the road to represent pollution. Spray water over the coffee, allowing the brown water to flow into the river.	 [Add coffee grounds and spray water] What do you think the coffee represents? What are some possible sources of pollution that we might introduce into the watershed? What are some things you can do to make sure our water stays clean and our environment healthy? 	 Pollution. Oil from cars, dog poop, trash/litter, fertilizers, pesticides, cleaning products We are all responsible for maintaining the health of the watershed where we live We can prevent our pollutants from entering the water by picking up pet waste, litter, and being careful with chemicals Simple actions, like reducing pollution and conserving water, can make a big difference
2	Move students to blue tarp and review big ideas. Begin to reset the station.	 What is a watershed? Do you live in a watershed? What are the connections between people, heat, water, and the environment? Can you help manage the watershed? 	 A watershed is a land area that drains to a low point. Yes, we all live in a watershed They are all connected, and humans impact the environment through construction of impermeable surfaces Yes, we can all take actions to help take care of the watershed



